

RegenerART

2021 – Adelong

Venue: Adelong Bowling Club 10-3pm

Free to Adelong Residents

Bookings admin@tumulart.com.au

All materials and food provided

Sun Feb 14	Drawing	Tutor Jennie Forster
Sun May 9	Art from the Heart	Tutor Suzanne Moss
Sun June 13	Slow Stitch	Tutors Beth & Trevor Reid

Drawing with local professional artist Jennie Forster

Lose yourself in a fun creative play with charcoal and ink with two finished artworks on the day. Learn simple and effective techniques to take with you to find enjoyment in your creativity. Suitable for both beginners and those more experienced.

Art from the Heart: Meditative Art Workshop with Dr Suzanne Moss

In this workshop you will experience how easy art-making can be kind and comforting to yourself. You may say you're not creative, but as you're guided step by step, that will soon slip from your mind as you relax, gain simple skills and see what you can do.

As your mind settles into creative expression in your way, clarity and confidence can return plus you'll have created something you might even be proud of!

Slow Stitch with Beth and Trevor Reid

Beth and Trevor have collaborated on contemporary textile works since 1998. They enjoy working together gathering inspiration from many different areas including the natural environment, they like to use colour and stitch as a visual stimulus. They have exhibited nationally and internationally and are represented in international and Australian private collections. They will offer participants a choice of 2 projects on the day (see separate sheet) as well as giving a talk and displaying some of their recent work.

COVID-19 regulations apply

You will receive a gift bag with each workshop with materials and information to continue your creative journey at home and invitation to join the fun and laughter at the 5 Ways Art Studio.

Enquiries: Jenny Crain 0412 524 922 or Jennie Forster 0409 829 419

